



**Make updates
to your home
so it's ready
for all of life's
changes.**

in collaboration with **AARP**



Hallways and Stairways

Small changes can make these areas safer for everyone in your family.

- ❑ Add lights at both ends of stairway and hallway
- ❑ Use motion sensor night lights
- ❑ Add low-pile, well-secured carpeting on steps
- ❑ Install handrails or a chairlift on stairs
- ❑ Install smart devices, like thermostats, for comfort and convenience

Living Room

Prevent tripping with better organization and lighting.

- ❑ Secure cables and cords
- ❑ Ensure 2-ft of clear space is between coffee table and couch
- ❑ Cover sharp corners of furniture or select furniture without them
- ❑ Remove rugs or add nonslip mats
- ❑ Install light switches and outlets at easy-to-reach heights
- ❑ Use “rocker” style light switches
- ❑ Set automatic timer for lights

Bedroom

Ensure your bedroom is a safe place for sleeping, as well as relaxing.

- ❑ Place light switch near the doorway
- ❑ Add a digital clock with large, lighted numbers
- ❑ Use a motion sensor night light
- ❑ Place bed in the middle of the room
- ❑ Install a carbon monoxide detector



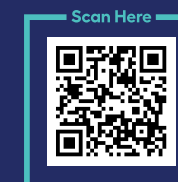
**Get a FREE virtual assessment and
have your questions answered.**

Visit **Lowe's.com/LLH**

Call **833-569-3784**

Text **“LLH”** to **656937**

*By texting to join, you expressly authorize Lowe's to send automated marketing text messages to your mobile device. Consent is not required to purchase goods or services. Msg & data rates may apply. ©2022 Lowe's. Lowe's and the gable mansard design are registered trademarks of LF, LLC.



For videos, tips and
resources from
Lowe's and AARP.

in collaboration with **AARP**

No matter how home changes, we'll keep it feeling like home.

What fits for you and your family now may not fit forever. Lowe's Livable Home is proud to collaborate with AARP to help make your home ready for all of life's changes with helpful tips and resources.



We can help with Universal Design.

Universal Design features in a home include wider doorways, lever-style faucets and door handles, multiple countertop heights, easy-to-reach storage spaces and more.

Add these features and make these adjustments to help you continue living the way you've always lived.

Entrances and Exits

The exterior doorways of your house should be easy to access.

- ☐ Add a ramp for zero-step entry
- ☐ Add outdoor lighting for safety
- ☐ Widen doorways to at least 32-in to move in furniture or accommodate someone using a walking aid
- ☐ Replace hinges with swinging door hinges to widen doorways
- ☐ Replace doorknobs with lever-style handles
- ☐ Mount visible address number to make it easier to locate the residence
- ☐ Use automated or smart door locks and a video doorbell

Foyer

This area should be free of clutter and provide storage for essentials.

- ☐ Create a home organization system with a spot for keys, wallet, mail, etc.
- ☐ Add storage for shoes and slippers
- ☐ Provide a wastebasket to discard unwanted mail
- ☐ Mount wall hooks to hang coats, backpacks or pet accessories within reach
- ☐ Add bench/chair for taking off and putting on shoes

Bathroom

Make thoughtful changes now to avoid slips or falls.

- ☐ Add a comfort-height toilet
- ☐ Provide a minimum of 5-ft of open space for entry
- ☐ Mount grab bars for better support
- ☐ Use a 36-in high sink base and vanity so it's easier to reach
- ☐ Provide shelving to keep toiletries nearby
- ☐ Use a motion sensor night light
- ☐ Update sink, shower and tub with lever-style faucets
- ☐ Install an adjustable-height, handheld showerhead
- ☐ Use nonslip mats for rugs or slip-resistant flooring
- ☐ Add shower seating
- ☐ Put in a low-threshold, barrier-free shower or walk-in tub



Kitchen

The kitchen is the heart of your home and there are easy ways to make it work better for all.

- ☐ Choose a french-door refrigerator to make it easier to see and reach what's inside
- ☐ Select handles and drawer pulls that are easier to grasp
- ☐ Add pullout drawers to lower-level cabinets
- ☐ Select a double-oven range with controls at the front to reduce the need to bend over, lift heavy items or reach over hot burners
- ☐ Add open shelving for pots and pans used every day
- ☐ Use appliances with an auto shut-off feature
- ☐ Add task lighting for extra visibility
- ☐ Replace faucet with sensor faucet for touchless use
- ☐ Place microwave on countertop
- ☐ Add adjustable shelving in pantry
- ☐ Incorporate contrasting colors of countertop and floor to differentiate the surfaces
- ☐ Replace rugs with slip-resistant floor mats